How Do I Know If She “Likes” Me?

Dear Jerome,

I am a 15-year-old boy. I like a girl in my school named Jessica. How do I know if she likes me back?

Jack

Dear Jack,

Ah yes, this is one of the most difficult questions of all when it comes to dating. Just how do you know that someone likes you in the way that you like him or her? While I don’t claim to know everything there is to know about dating, here are some starters.

A girl may like you if she goes out of her way to talk to you. She may like you if she stands close to you or offers to sit by you. She may like you if she gives you compliments like, “You’re so funny!” or “You’re so smart.” She may like you if she gives you invitations to spend time with her like, “We should hang out some time.”

My advice to you is this: Take it slow. If she keeps talking to you, goes out of her way to see you, and gives you positive attention, she may like you the way you like her, and you may be ready for the next step.

Of course, there is the possibility that this girl is just a nice person or is simply being nice to you without wishing to date
you. You could try asking a friend to help you find out if she likes you as more than just a friend. The best situation would be if you are friends with one of her friends; you could ask that person to ask her for you.

Best wishes!

Jerome

Discussion Questions

• How can you tell if someone really “likes” you?
• What are you afraid of when it comes to “liking” someone?
• Did you ever think someone liked you, but he or she really didn’t? What happened?
• Why is it sometimes hard to tell if someone “likes” you?
• What are some good ways to ask friends to find out if another person “likes” you?

Main Idea: A good way to find out if someone “likes” you is to ask a mutual friend to find out for you.

Note: “Likes you” in this case means the other person is interested in dating you, or is interested in you in a romantic way. This is the same as “likes you more than just a friend.”